

2011

ARCTIC WINTER GAMES

NORTHWEST TERRITORIAL TRIALS

December 8 - 11, 2011



Hay River Ski Club

The Hay River Ski Club Welcomes Athletes, Coaches, Parents, Chaperones, Fans for a Weekend of...

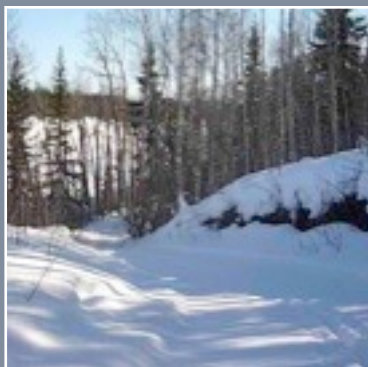
Ski Biathlon
Snowshoe Biathlon



Hay River Restaurants

NAME	ADDRESS	PHONE	FAX
Back Eddy Cocktail Lounge ** Has a Family Street Side***	4-6 Courtoreille	(867) 874-6680	(867) 874-6621
Boardroom Restaurant	891 Mackenzie Hwy	(867) 874-2111	(867) 874-3198
The Rooster	Take Out Orders		
Driftwood Diner	Downtown	(867) 875-4120	Open 6:30 am - 7:30 pm
Pizza Hut (Northmart)	81 Woodland Drive	(867) 874-6545	(867) 874-2544
Key's Dining Lounge & Restaurant Ptarmigan Inn	10J Gagnier Street	(867) 874-6781	(867) 874-3392
Salt & Pepper	Across From Arena	(867) 874-4100	(867) 874-4006
Sub on the Hub (In the Woodland Drive Arena/Aquatic Ctr.)		(867) 874-6898	(867) 874-6838

WELCOME TO THE HAY RIVER SKI CLUB. ENJOY YOUR VISIT!



Complimentary Hot Lunch For Athletes, Coaches, Officials at the Ski Club each day ... sponsored by NWT Biathlon

Chief of Competition: Doug Swallow

Chief of Venue: Bob White

Stats: Belinda Whitford

Race Secretary: Theresa Swallow

Trails: Pat Bobinski

Technical Deligate: Pat Bobinski

Chief of Range: Pat Bobinski

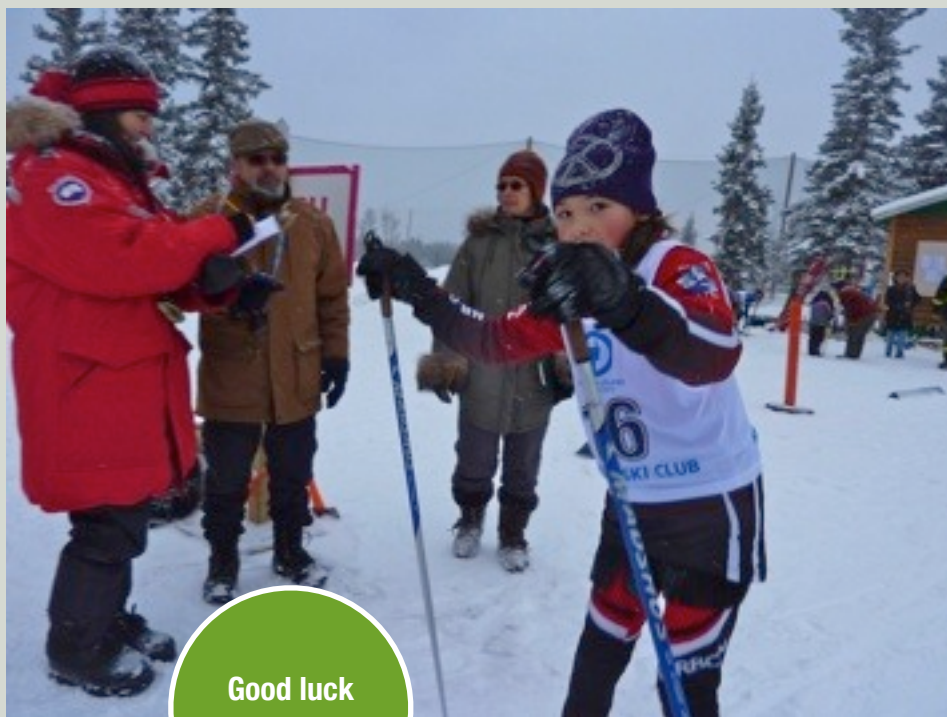
Hay River Coach: Chuck Lirette

Local Contacts: Doug Swallow 874-6402

Email: dougs@mssltd.com

Bob White 874-6755 Cell: 875-7793

Email: bobandsusanwhite.nwt@gmail.com



Good luck athletes!

Arctic Winter Games Territorial Trials 2011 Race Schedules

Snowshoe Biathlon	Friday	Saturday
Zero Start	6:00 pm 7:00 pm	11:00 am 12:00 am
	Sprint	Individual
Junior Male	3 km PS	5 km PSPS
Junior Female	3 km PS	5 km PSPS
Juvenile Male	2 km PP	3 km PPP
Juvenile Female	2 km PP	3 km PPP

Ski Biathlon	Friday	Saturday
Zero Start	6:00 7:00	11:00 12:00
	Sprint	Individual
Junior Male	6 km PS	7.5 km PSPS
Junior Female	6 km PS	7.5 km PSPS
Juvenile Male	4 km PP	5 km PPP
Juvenile Female	4 km PP	5 km PPP

Bus Transportation is Organized From Hay River Accommodations to and from Ski Club

Welcome to the Arctic Winter Games Territorial Trials for Snowshoe Biathlon and Ski Biathlon. The Hay River Ski Club is delighted to be hosting athletes, coaches, officials and parents from across the north. We wish everyone all the best for a successful weekend!

Local Contacts: Doug Swallow 874-6402
Email: dougs@mssltd.com
Bob White 874-6755 Cell: 875-7793
Email: bobandsusanwhite.nwt@gmail.com

Thank You:
 Anglican and Catholic Churches
 For the Generous Assist
 With Accommodations!



WAXING ROOM	POOL SCHEDULE	RACE SCHEDULE	HEALTH
Clubhouse will be open evenings, early and late for ski waxing.	Open Daily For Showers, Hot Tub and Swimming. Passes Provided for all Biathletes	Detailed Schedule Attached: All events start and finish in the Biathlon Range.	Hand sanitizers are distributed throughout the race site: use them often :o)

Weekend Schedule

Thursday - Sport North Charter Arrives in Hay River.

Athletes, coaches and chaperones will be picked up at the airport and transported by Frontier Coach Lines to their accommodations.

Biathletes will all be billeted at the Anglican and Roman Catholic Churches which are adjacent to each other and centrally located in downtown Hay River.

All restaurants, the Don Stewart Arena/Aquatic Centre, Movie Theatre are within walking distance of athlete lodging. NWT Biathlon will be covering the costs for lunches and trail snacks throughout the weekend. See the attached schedule for lunch times at the ski club.

Biathletes, coaches, chaperones will be issued free passes for use throughout the weekend at the aquatic centre. There are no showering facilities at the athlete accommodation sites. Everyone is welcome to use the showers at the aquatic centre. Aquatic Centre schedule is attached. Remember to bring bathing suits and towels. To accommodate Friday's late return, the pool will remain open until 10:00 pm.

Long Friday: Because athletes will be participating in a camp Friday morning and afternoon, with a race set for 7:00 pm, we are planning to provide food for the whole day at the trails. Athletes are encouraged to bring their foamies and sleeping bags out to the trail so that they can take a break in the afternoon.

The buses will pick up out of town athletes each morning. Friday: 8:30 am Saturday: 9:00 am
Return Friday: 8:30 pm Saturday return: 4 pm
Sunday morning bus to airport: 8:30 am

SCHEDULE DETAILS

**Bus Transport Team Pick Up
At Churches:**

Friday:

8:30 am Out to Ski Club

8:30 pm Return To Town

Saturday:

9:00 am Out to Ski Club

4:00 pm Return To Town

Sunday:

8:30 am To Airport

Lunch Schedule

**(Volunteers will begin
serving hot lunches to
finishers at these times.)**

Friday: 12:00 pm

Saturday: 12:30 pm

**** Snacks will be
available throughout the
day in the clubhouse**



READ BEFORE LEAVING HOME

The following information should help with your advance preparations.

Sleeping: Every participant will need a sleeping bag and a foamy

Meals: Some breakfast supplies such as cereals, milk, juices, bread, jam, etc. will be stocked at the billet sites for Friday morning breakfast. Hot lunches and snacks will be available at the Hay River Ski Club.

All evening meals are the responsibility of the biathletes. There are lots of good restaurants in town :o)

Water Bottles will be provided for every participant thanks to our sponsors at MSS. Water

dispensers are available at the ski club.

All ammunition will be provided.

If requested, firearms will be available.

Bring bathing suits and towels. Showering will be at the aquatic centre.

Indoor runners are required since cold weather may necessitate indoor fitness testing.

Friday will be a training camp day. This will be the time to get organized, outfitted and set for the weekend's competitions. There will be plenty of

support for novice participants.

Friday and Saturday Trials' Races start and finish at the same place at 'Home on the Range'.

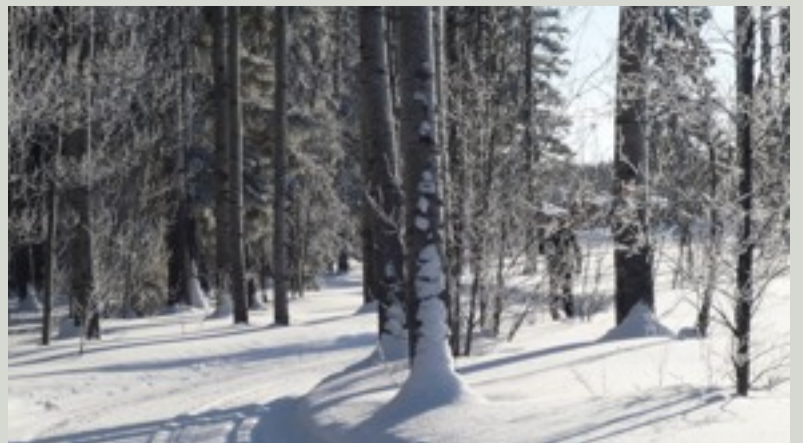
The Ski Club waxing room will be open at all times for your convenience.

web:
For up to the minute Arctic Winter Games Biathlon Territorial Trials News and Information Go To:

hayriverskiclub.com
nwtbiathlon.com



**Go,
NWT, Go!!**



World Cup

W
A
I
T
I
N
G
F
O
R
B
R
E
A
K
I
N
G
T
H
R
O
U
G
H



Brendan Green will be racing in Austria this weekend

DREAM **BIG**